**Isle of Man Athletics, Island Games Selection Policy**

**Orkney, 12th-18th July 2025**

# Overview

It is important for the Isle of Man Athletics Association (“IOM Athletics”) to have successful individual performances at the Island Games as we recognise the importance of the event in the development and experience of our athletes towards future success at the Commonwealth Games and beyond.

This selection policy has been created to nominate a team to achieve the best possible results (that is the highest number of medals) at the 2025 Island Games and with medal totals at future Island Games in mind. IOM Athletics is devoted to selecting the strongest possible teams for Island Games.

IOM Athletics is strongly committed to the long-term development of every athlete within our sport. We would encourage athletes, coaches and parents to carefully consider which competitions provide the most appropriate developmental opportunities for athletes both now and in the longer term.

Four key aims:

* Support and prepare athletes for international level competition and the different requirements and pressures this brings.
* Prepare athletes for higher level competition.
* Maximize medal potential for this and development for future games.
* Provide development athletes with a chance to attend the Island Games, where deemed appropriate and beneficial for that individual.

# Eligibility Criteria

To be considered for selection, athletes must:

* Be eligible to represent Isle of Man at the Island Games (International Island Games Association requirements set out below).
* Have competed in a **minimum** of two events on the Isle of Man within the qualifying window
* Have signed and returned the relevant IOM Athletics ‘Athlete Declaration of Intent’ form (see page 7) by 1 April 2025.
* Agree to and comply with any pre-event preparation including (but not limited to) fulfilling the training schedule set by your coach, media appearances, representing IOM Athletics in a professional manner in all aspects (including social media).

## Extract from the Island Games Association Rules

To be considered for entry, athletes must meet the following criteria as set out by the Island Games Association:

## Athletics By-laws

1. Competition Rules
   1. The Athletics events are to be organised under IAAF rules.
   2. Age Limits

1.2.1. The minimum age limit for both male and female competitors will be 15 years or older on 1st June 2025 and for the Half Marathon 18 years or older as at the 1st of June in the year of the particular Games at which such competitor wishes to compete. No dispensation will be given.

Section 6 - Conditions for Representing an Island

To represent an Island, a competitor may qualify either by:

* 1. having been born on that Member Island.
  2. A competitor may be considered to have been born on a Member Island if the mother was normally resident on that island immediately prior to the birth and returned to the island soon after.
  3. Having been resident on that Member Island for the period of twelve consecutive months prior to the date of the Opening Ceremony of the Games intended to participate in.
  4. Any person wishing to gain qualification under 6.3 and who is following a programme of study or involved in military service out of the Member Island shall be deemed to be a permanent resident for the purpose of qualification.

Any competitor not complying with the above shall be subject to an automatic disqualification from the Games.

Section 7 - Eligibility to Compete

A competitor to be eligible to compete in a Games shall comply with Section 6 and shall:

7.1 Comply with the rules and regulations laid down by the International Federation governing their sport.

7.2 Not be currently under disqualification or suspension under the rules of the relevant International Federation or their own member Sports Association.

# Specific Requirements

To be considered for selection, athletes in individual events must achieve an IOM Athletics Island Games ‘Entry Standard’ between 1 January 2024 and 25th April 2025.

Only athletes who have achieved at least two A Standards within the qualification window are guaranteed a place on the team as long as they are injury free at the time of selection and as long as there are sufficient spaces available in their event. The achievement of a single A Standard does not guarantee selection but will secure selection in the majority of cases.

Achievement of one or more B Standard means that athletes may be selected for the team, as long as there are sufficient spaces available in their event and in the overall team.

Multiple performances at the A or B standard, will clearly enhance an athlete’s chance of selection. The number of times a standard is achieved as well as the level of competition in which it is achieved will be determining factors should there be multiple athletes qualified in any one event.

Athletes’ wishes to undertake multiple events are required to be formally advised to the Team Manager. This will be considered during the selection process.

Performances must be achieved during competitions where the results are eligible to be entered on to the Power of 10 database.

For all relevant track and field events, wind assisted performances (performances with a wind value more than 2.0 m/s) shall not be accepted as formal qualifying marks but will be considered when assessing form or head to heads.

Hand timed performances in 100m, 200m, 400m, 100m/110m hurdles and 400m hurdles will be accepted as formal qualifying marks but Electronic timing with take precedence and can be considered by the panel when assessing form or head to heads.

Indoor (Short Track) performances shall be accepted.

Performances in road races (if eligible for Power of 10) can be accepted for 5,000m and 10,000m. However, track performances will be considered favourably versus road performances.

The selection panel may add qualified athletes to the team to create relay squads for both 4x100m and 4x400m. Athletes selected specifically for the relay squad should have achieved at least a B standard. If selected for relays, an athlete may be able to compete in another event provided that they have the A or B standard in that event, that there is a space available and that, in the Team Manager’s opinion, it will not detract from their relay performance.

The team will be picked in a single selection meeting to be held on Friday25th April 2025. Athletes successful in gaining selection will be informed immediately by email. The team will be announced by IOM Athletics once all athletes have accepted their places.

# Injuries

All injuries must be declared to the Island Games Team Manager prior to the selection meeting. Anyone not declaring an injury at the time of selection may be withdrawn from the team and will not be entitled to a refund.

# Social Media

Social media refers to internet-based applications designed to create and share user generated content. As a representative athlete, you must accept responsibility for your social media use. It is your job to project the values and responsibilities of the athletics community as a highly visible member of Team Isle of Man. Any malicious use of social media platforms will not be tolerated and may lead to sanctions.

# Please note:

# The Orkney 2025 Athletics programme will unfortunately NOT include the following events. Race Walking, Pole Vault, Steeple Chase, Hammer & Discus.

# Selection Process

The selection panel (“the panel”) will consist of:

* IOM Athletics Chairman
* Island Games Team Manager
* Island Games Assistant Managers
* Head of Performance
* A representative from each of the five IOM Athletics Clubs

All qualified and eligible athletes will be considered for selection, however athletes should understand that although achieving an Entry Standard is a requirement of selection, it does not guarantee selection.

For individual events, up to two athletes may be selected (three for Half Marathon). For relays, up to six athletes may be selected.

Where choices have to be made between athletes the selectors will consider the factors below. The relative priority of these factors will be entirely at the discretion of the selectors, whose task it is to select a team which has the best prospect of the best possible results at these and future games:

* Consistency of performances at or around the Entry Standard within the qualification period
* Previous championship performances
* Head-to-head competitive records
* Current form and fitness (In2025)
* Future Potential

# Acceptance of Team Place

Athletes successful in gaining selection will be contacted by email by the Team Manager immediately following the selection meeting. The email will contain details of how to go about accepting your place on the team. It will also contain information relating to final costs. Costs will need to be paid, in full, within 7 days of the selection meeting. (At present costs are expected to be high, but the Isle of Man Athletics Association and the Fundraising Team are working hard to fundraise and gain sponsorship to keep the costs down).

**Please Note:**

**In order to receive subsidy from fundraising efforts. Potential Team Members will be expected to assist in as many fundraising events as possible.**

# Entry Standards 2025

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Men | | Event | Women | |
| A Standard | B Standard | A Standard | B Standard |
| 11.1 | 11.5 | 100m | 12.6 | 13.0 |
| 22.7 | 23.4 | 200m | 26.0 | 26.8 |
| 50.6 | 52.1 | 400m | 59.5 | 61.5 |
| 1.58.00 | 2.01.00 | 800m | 2.19.00 | 2.22.00 |
| 4.08.00 | 4.12.00 | 1500m | 4.45.00 | 4.52.00 |
| 10.00 | 10.35 | 3000mSC\*\* | 12.00 | 13.00 |
| 15.40 | 16.15 | 5000m\* | 18.15 | 18.45 |
| 33.20 | 34.20 | 10000m\* | 38.30 | 39.40 |
| 74.00 | 76.00 | Half Marathon | 87.30 | 90.00 |
| 16.0 | 16.5 | 110m/100m Hurdles | 16.0 | 16.5 |
| 57.0 | 59.0 | 400m Hurdles | 67.0 | 69.0 |
| 6.70m | 6.20m | Long Jump | 5.20m | 4.95m |
| 13.40m | 13.00m | Triple Jump | 10.30m | 9.90m |
| 1.90m | 1.83m | High Jump | 1.55m | 1.50m |
| N/A | N/A | Pole Vault | N/A | N/A |
| 13.00m | 12.00m | Shot Putt | 10.50m | 9.80m |
| 53.00m | 48.00m | Javelin | 32.00m | 29.00m |
| 40.00m | 37.00m | Discus | 32.00m | 29.00m |
| 45.00m | 40.00m | Hammer | 36.00m | 33.00m |
| 25:00 | 25:30 | 5000m Walk | 28:00 | 28:30 |

Please note that there are no specific trials for the Island Games. Performances should be achieved during competitions where the results are eligible to be entered on the Power of 10 database.

There is no right of appeal and the selection panel’s decision is final.

# Assisted Place

IOM Athletics is pleased to advise that up to one assisted place may be available for athletes who are unable to meet the full cost of the trip due to financial hardship. For any successful applicant, IOM Athletics will provide a subsidy equivalent to 50% of the total cost.

Conditions for the assisted place are set out below:

* Athlete must have met the relevant entry standard
* Only one application can be made per athlete, period
* Applications must be submitted by 31 March 2025, in writing to Island Games Team Manager detailing your athletics CV and brief synopsis of financial circumstances
* All applications will be treated in strictest confidence
* All applications will be considered but it is at the discretion of the Island Games Management Team & the IOMAA Treasurer as to whether an offer of an assisted place is made.
* There is no right of appeal

# Contact Details

|  |
| --- |
| Island Games Team Manager |
| Petra Atchison grantandpetra@manx.net  07624 202394 |

IOM Athletics website: [www.iomathletics.com](http://www.iomathletics.com/)

ATHLETE DECLARATION OF INTENT

**2025 Island Games**

Orkney, 12th-18th July 2025

**This signed form must be returned to the Team Manager prior to 1 March 2025**

|  |  |  |
| --- | --- | --- |
| Athlete’s Name: | Date of Birth: | Parent or Guardian’s name  (if athlete is in full-time education): |
| Address: | | |
| Phone: | | |
| Facebook/Messenger Name | | |
| Email: | | |
| Parent or Guardian’s email (if athlete is in full-time education): | | |
| Lead coach: | | |
| Events for which you wish to be considered, ranked in order of priority (including relays if applicable):  1)  2)  3)  4)  5) | | |

I hereby “**declare my intent**” to qualify to compete as a member of Team IOM at the 2025 *Island Games*, Orkney, from 12th – 18th July 2025.

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (the Athlete), do hereby declare my intent to compete at the 2025 Island Games. I am eligible to compete (sections 6&7). I am responsible for informing the Team Manager of my results on a regular basis. I understand that I must meet all the Eligibility Criteria to be considered for team selection. I further understand that the selection committee’s decision is final and that there is no right of appeal.

|  |  |
| --- | --- |
| Athlete Signature: | Date: |
| Parent or Guardian’s Signature (if athlete is in full-time education): | Date: |

**Please remit completed form to:**

**Petra Atchison**

Island Games Team Managergrantandpetra@manx.net