## ISLE OF MAN ATHLETICS TRACK AND FIELD LEAGUE 2025 Helpers Form {Please complete in block capitals]

FULL NAME
ADDRESS
MOBILE NUMBER
EMAIL
COMPETITORS NAME
Hi Folks, it is that time of the year again! As you may be aware we need 30 plus officials and helpers every track league night to enable the smooth running and a full timetable of events.  We are very lucky to have a solid core of officials who turn up at every event however, we have to ask every family to help out at least one event. It can be mum, dad, aunt, uncle,
nana or grandad.
Please put your details next to one of the dates below that you will be able to help at. Thank you
Wednesday 2 <sup>nd</sup> April
Wednesday 23 <sup>rd</sup> April
Wednesday 14 <sup>th</sup> May
Wednesday 25 June
Wednesday 2 <sup>nd</sup> July

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Wednesday 23<sup>rd</sup> of July