

Law Trust IOM Cross Country League Round 4 (incorporating IOM Cross-Country Championships)							
Horses' Home - 14 January 2024							
Organised by Manx Harriers							
Distances (approximate)							
Under 9 boys and girls - 800m							
Under 11 boys and girls - 1,600m							
Under 13 boys and girls, short course - 3,250m							
Under 15 boys and girls - 4,050m							
Under 17 women - 4,050m							
Under 17 men - 6,500m							
Junior, senior and veteran women - 7,300m							
Junior, senior and veteran men - 9,750m							
Junior/Senior/Veteran Men							
Pos	No	Forename	Surname	Club/School	Time	Cat	
1	460	Alan	Corlett	Salford Harriers	37:43	SM	Gold
2	406	Mark	Burman	Manx Fell Runners	39:28	M35	Gold
3	396	Harry	Kneen	Manx Fell Runners	41:25	JM	Gold
4	398	Ayrton	Withington	Manx Fell Runners	41:5	JM	Silver
5	431	Chris	Killey	Manx Harriers	43:17	SM	Silver
6	401	Paul	Atherton	Western AC	43:31	M35	Silver
7	408	Matt	Callister	Manx Fell Runners	43:59	M45	Gold
8	479	James	Harrison	Unattached	44:1	SM	Bronze
9	467	Kevin	Shimell	Unattached	45:09	M35	Bronze
10	453	Paul	Sykes	Manx Fell Runners	45:27	M45	Silver
11	475	Richard	Shipway	Western AC	45:59	M55	Gold
12	477	Tom	Cringle	Manx Fell Runners	46:0	M40	Gold
13	405	Neil	Brogan	Manx Fell Runners	46:30	M40	Silver
14	478	Gianni	Epifani	Manx Harriers	47:1	M50	Gold
15	426	Jamie	Hayes	Manx Harriers	47:18	M40	Bronze
16	457	Tom	Williams	Manx Harriers	48:04	M45	Bronze
17	413	Russell	Collister	Unattached	49:07	M55	Silver
18	438	Andrew	Milnes	Unattached	49:16	M45	
19	420	Andrew	Falconer	Manx Harriers	50:03	M35	
20	432	Adam	Killip	Manx Harriers	52:33	SM	
21	404	Paul	Bratty	IOMVAC	52:59	M50	Silver
22	451	Ali	Stennett	Northern AC	53:28	M45	
23	459	Andrew	Woodward	Northern AC	56:23	M40	
24	437	Jim	Macgregor	Northern AC	57:05	M45	
25	407	Peter	Callin	Western AC	58:29	M45	
26	476	Steve	Callaghan	Manx Fell Runners	58:5	M60	Gold
27	435	Svetlin	Krastev	Manx Fell Runners	59:45	M35	
28	397	Patrick	Craine	Manx Fell Runners	60:1	JM	Bronze
29	480	James	Morre	Unattached	61:06	SM	
30	415	Simon	Cooper	Western AC	63:37	M50	Bronze
31	409	Ian	Callister	Manx Fell Runners	67:0	M70	Gold
2	406	Mark	Burman	Manx Fell Runners			
3	396	Harry	Kneen	Manx Fell Runners			
4	398	Ayrton	Withington	Manx Fell Runners			
7	408	Matt	Callister	Manx Fell Runners			
10	453	Paul	Sykes	Manx Fell Runners			
12	477	Tom	Cringle	Manx Fell Runners			
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5	431	Chris	Killey	Manx Harriers									
14	478	Gianni	Epifani	Manx Harriers									
15	426	Jamie	Hayes	Manx Harriers									
16	457	Tom	Williams	Manx Harriers									
19	420	Andrew	Falconer	Manx Harriers									
20	432	Adam	Killip	Manx Harriers									
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Junior/Senior/Veteran Women													
Pos	No	Forename	Surname	Club/School	Time	Cat							
1	536	Rachael	Franklin	Manx Harriers	31:34	SW	Gold						
2	534	Becky	Watterson	Manx Harriers	36:43	W35	Gold						
3	507	Laura	Dickinson	Manx Harriers	37:38	SW	Silver						
4	380	Madison	McMullan	Northern AC	39:46	JW	Gold						
5	506	Rosy	Craine	Manx Fell Runners	41:07	W50	Gold						
6	525	Rosie	Ormsby	Manx Fell Runners	42:04	W40	Gold						
7	533	Maggie	Watkins	Manx Fell Runners	42:44	W60	Gold						
8	381	Lottie	Stennett	Northern AC	43:14	JW	Silver						
9	531	Gail	Sheeley	Manx Harriers	43:55	W55	Gold						
10	551	Sarah	Cringle	Manx Fell Runners	46:2	W35	Silver						
11	520	Marie	Jackson	Manx Harriers	49:16	W60	Silver						
12	537	Joanne	Christian	Unattached	50:06	W45	Gold						
13	523	Carole	Laporte	Unattached	50:30	W45	Silver						
14	530	Angie	Robinson	Unattached	51:06	W55	Silver						
15	542	Deborah	Smith	Unattached	55:29	W50	Silver						
16	515	Rebecca	Greatbatch	Manx Fell Runners	60:03	SW	Bronze						
17	511	Karen	Gadsby	Western AC	60:29	W45	Bronze						
1	536	Rachael	Franklin	Manx Harriers									
2	534	Becky	Watterson	Manx Harriers									
3	507	Laura	Dickinson	Manx Harriers									
9	531	Gail	Sheeley	Manx Harriers									
15													
5	506	Rosy	Craine	Manx Fell Runners									
6	525	Rosie	Ormsby	Manx Fell Runners									
7	533	Maggie	Watkins	Manx Fell Runners									
10	551	Sarah	Cringle	Manx Fell Runners									
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Short Course - Men													
Pos	No	Forename	Surname	Club/School	Time	Cat							
1	444	Steven	Quayle	Western AC	14:10	SM							
2	392	Ryan	Watterson	Manx Harriers	14:42	JM							
3	472	Peter	Bradley	Manx Fell Runners	15:59	M45							
4	450	Ben	Smaller	Unattached	16:47	M45							
5	481	Sean	Quaye	Unattached	16:57	M35							
6	414	Nigel	Comley	Manx Fell Runners	17:11	M55							
7	417	Mark	Corrin	Manx Harriers	17:15	M50							
8	423	James	Gumbley	Unattached	18:22	M40							
9	452	Phill	Swales	Northern AC	22:38	M55							
10	429	Simon	Holtham	Western AC	23:41	M35							

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Pos	No	Forename	Surname	Club/School	Time	Cat			
1	200	Poppy	Clayton	Manx Harriers	16:3	U13G	Gold		
2	209	Faith	Teare	Manx Harriers	16:3	U13G	Silver		
3	204	Tara	Nelson	Manx Harriers	17:5	U13G	Bronze		
4	203	Olivia	Martin	Western AC	20:0	U13G			
5	201	Polly	Davies	Manx Harriers	23:1	U13G			
1	200	Poppy	Clayton	Manx Harriers					
2	209	Faith	Teare	Manx Harriers					
3	204	Tara	Nelson	Manx Harriers					
5	201	Polly	Davies	Manx Harriers					
11									
U11 Boys									
Pos	No	Forename	Surname	Club/School	Time	Cat			
1	105	Leighton	Curphey	Manx Harriers	6:52	U11B	Gold		
2	107	Cameron	Eyres	Northern AC	7:02	U11B	Silver		
3	117	Rory	Teare	Manx Harriers	7:04	U11B	Bronze		
4	106	Jack	Davies	Manx Harriers	7:31	U11B			
5	103	Fox	Buchan	Peel Clothworkers	7:37	U11B			
6	116	Noah	Sykes	Manx Harriers	7:47	U11B			
7	101	Elliott	Barron	Manx Harriers	7:49	U11B			
8	115	Leo	Woodward	Northern AC	7:57	U11B			
9	102	Odin	Bignell	Western AC	8:22	U11B			
10	111	Zane	Quinn	Manx Harriers	8:30	U11B			
11	108	Jack	Gumbley	Manx Harriers	8:36	U11B			
12	113	Jack	Teare	Northern AC	8:45	U11B			
13	112	Harrison	Sille	Buchan	9:12	U11B			
1	105	Leighton	Curphey	Manx Harriers					
3	117	Rory	Teare	Manx Harriers					
4	106	Jack	Davies	Manx Harriers					
6	116	Noah	Sykes	Manx Harriers					
14									
U11 Girls									
Pos	No	Forename	Surname	Club/School	Time	Cat			
1	154	Eve	Martin	Manx Harriers	6:33	U11G	Gold		
2	158	Bella	Quaye	Manx Harriers	6:59	U11G	Silver		
3	162	Megan	Williamson	Manx Harriers	7:26	U11G	Bronze		
4	155	Mollie	McMullan	Manx Harriers	7:33	U11G			
5	153	Rose	Gumbley	Manx Harriers	8:08	U11G			
6	152	Maisy-jo	Faragher	Sulby	8:17	U11G			
7	156	Xènia	Munoz-Fite	Buchan	8:51	U11G			
8	150	Elizabeth	Clennell	Manx Harriers	8:52	U11G			
9	160	Autumn	Ryles	Northern AC	9:02	U11G			
10	151	Betty	Condon	Arbory	9:09	U11G			
11	164	Bonnie	White	St John's	9:20	U11G			
1	154	Eve	Martin	Manx Harriers					

2	158	Bella	Quaye	Manx Harriers						
3	162	Megan	Williamson	Manx Harriers						
4	155	Mollie	McMullan	Manx Harriers						
10										
U9 Boys										
Pos	No	Forename	Surname	Club/School	Time	Cat				
1	57	Henry	Quaye	Manx Harriers	3:32	U9B	Gold			
2	53	Alfie	Jacobs	Peel Clothworkers	3:38	U9B	Silver			
3	50	Jenson	Baglow	Manx Harriers	3:44	U9B	Bronze			
4	55	Jacob	Milnes	Manx Harriers	3:49	U9B				
5	60	Ollie	Robinson	Manx Harriers	4:00	U9B				
6	62	Theo	Sykes	Manx Harriers	4:01	U9B				
7	66	Bobby	Teare	Manx Harriers	4:05	U9B				
8	58	Austin	Quaye	Manx Harriers	4:09	U9B				
9	56	Peter	Ormsby	Manx Harriers	4:17	U9B				
1	57	Henry	Quaye	Manx Harriers						
3	50	Jenson	Baglow	Manx Harriers						
4	55	Jacob	Milnes	Manx Harriers						
5	60	Ollie	Robinson	Manx Harriers						
13										
6	62	Theo	Sykes	Manx Harriers B						
7	66	Bobby	Teare	Manx Harriers B						
8	58	Austin	Quaye	Manx Harriers B						
9	56	Peter	Ormsby	Manx Harriers B						
30										
U9 Girls										
Pos	No	Forename	Surname	Club/School	Time	Cat				
1	9	Fóla	Lewis	Northern AC	3:50	U9G	Gold			
2	15	Charlotte	Postlewaite	Cronk Y Berry	3:55	U9G	Silver			
3	14	Lorelei	Wilson	Manx Harriers	3:59	U9G	Bronze			
4	1	Emira	Bowden	Laxey	4:03	U9G				
5	11	Xara	Quinn	Manx Harriers	4:17	U9G				
6	13	Evelyn	Stubbs	Rushen	4:20	U9G				
7	3	Freya	Curphey	Manx Harriers	4:43	U9G				
8	6	Esme	Gibb	Manx Harriers	4:43	U9G				
9	12	Daisy	Sille	Arbory	4:50	U9G				
3	14	Lorelei	Wilson	Manx Harriers						
5	11	Xara	Quinn	Manx Harriers						
7	3	Freya	Curphey	Manx Harriers						
8	6	Esme	Gibb	Manx Harriers						
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No	Forename	Surname	Club/School	Time	Cat	
400	Sue	Ackroyd			V65	Female
401	Amanda	Ansermoz			V55	Female
402	Dawn	Atherton			V35	Female
403	Emma	Atkinson			V45	Female
404	Stephanie	Barron			V40	Female
405	Rachel	Beattie			V35	Female
406	Denise	Bridson			V60	Female
407	Jessica	Bryan			SW	Female
408	Berti	Cain			V45	Female
409	Gemma	Campbell			V45	Female
410	Amber	Carridge			SW	Female
411	Debbie	Clague			V40	Female
412	Sarah	Colley			V45	Female
413	Sarah	Corkill			V45	Female
414	Sarah	Curphey			V40	Female
415	Laura	Dickinson			SW	Female
416	Jayne	Farquhar			V50	Female
417	Samantha	Franklin			V45	Female
418	Karen	Gadsby			V45	Female
419	Denise	Gimbert			V60	Female
420	Niamh	Goddard			V55	Female
421	Rebecca	Greatbatch			SW	Female
422	Jo	Hamilton			V45	Female
423	Julie	Hill			V55	Female
424	Kelly	Hillier			V40	Female
425	Sara	Hinds			V50	Female
426	Louise	Hollings			V40	Female
427	May	Hooper			V50	Female
428	Marie	Jackson			V60	Female
429	Sarah	Jackson-Flowers			V45	Female
430	Anne-Marie	James			V50	Female
431	Erika	Kelly			SW	Female
432	Maura	Kelly			V55	Female
433	Mel	Kermeen			V50	Female
434	Amy	Killip			V40	Female
435	Amy	Kinley			SW	Female
436	Carole	Laporte			V45	Female
437	Susie	Livingstone			V45	Female
438	Monika	Martin			V45	Female
439	Katie	McAleer			V40	Female
440	Holly	Minards			V35	Female
441	Hannah	Moore			SW	Female
442	Hollie	Quaye			V35	Female
443	Gemma	Quilliam			V40	Female
444	Nicola	Raven			V60	Female

445	Adrienne	Rogers			V35	Female
446	Joanne	Schade			V50	Female
447	Gail	Sheeley			V55	Female
448	Michelle	Sherry			V50	Female
449	Deborah	Smith			V50	Female
450	Julie	Stanfield			V35	Female
451	Charlotte	Sugden			V35	Female
452	Claire	Terry			V45	Female
453	Caitlin	Trenholme			SW	Female
454	Leanne	Venables			V35	Female
456	Becky	Watterson			SW	Female
457	Sammy	White			V35	Female
458	Elissa	Wood			SW	Female
459	Lynsey	Woods			V35	Female
