



MANX HARRIERS CLUB TRACK & FIELD CHAMPIONSHIPS 2026

Sponsored by Trilogy.

Under UK Athletic Rules. AT THE NSC DOUGLAS
UK Permit No. OUT 26/479
SATURDAY 13th JUNE 2026

PLEASE NOTE THAT THE MANX HARRIERS CHAMPIONSHIPS ARE FOR ALL MANX HARRIERS MEMBERS. HOWEVER THE CHAMPIONSHIPS ARE OPEN TO ALL ISLAND CLUBS FROM U14 CATEGORY AND ABOVE THAT ARE AFFILIATED TO ENGLAND ATHLETICS AND NOT JUST MANX HARRIER MEMBERS. HOWEVER MEDALS WILL ONLY BE AWARDED TO MANX HARRIER MEMBERS.

Please check your age group before completing this form

Age this summer season	Dates of Birth	Age group
5 - 6 Years	September 2019 - August 2020	U8
6 - 7 Years	September 2018 - August 2019	U8
7 - 8 Years	September 2017 - August 2018	U10
8 - 9 Years	September 2016 - August 2017	U10
9 - 10 Years	September 2015 - August 2016	U12
10 - 11 Years	September 2014 - August 2015	U12
11 - 12 Years	September 2013 - August 2014	U14
12 - 13 Years	September 2012 - August 2013	U14
13 - 14 Years	September 2011 - August 2012	U16
14 - 15 Years	September 2010 - August 2011	U16
15 - 16 Years	September 2009 - August 2010	U18
16 - 17 Years	September 2008 - August 2009	U18
17 - 18 Years	January - December 2008	U20
18 - 19 Years	January - December 2007	U20

SATURDAY 13TH JUNE 2026

TRACK

75mH	U14G
80mH	U14B, U16G
100mH	U16B, U18W, JW, SW
110mH	U18M, JM, SM
50m	U8B, U8G, U10B, U10G.
75m	U8B, U8G, U10B, U10G, U12B, U12G.
100m	U14G, U14B, U16B, U16G, U18B, U18G, JM, JW, SM, SW.
150m	U12B, U12G.
200m	U14G, U14B, U16B, U16G, U18B, U18G, JM, JW, SM, SW.
300m	U16B, U16G.
400m	U10B, U10G, U18B, U18G, JM, JW, SM, SW.
600m	U12B, U12G.
800m	U14G, U14B, U16B, U16G, U18B, U18G, JM, JW, SM, SW.
1500m	U14G, U14B, U16B, U16G, U18B, U18G, JM, JW, SM, SW.
3000m	U16B, U16G, U18B, U18G, JM, JW, SM, SW.
400m Walk	U10B, U10G, U12B, U12G.
2000m Walk	U14B, U14G
3000m Walk	U16B, U16G, U18B, U18G, JM, JW, SM, SW.
200mH	U14B, U14G.
300mH	U16B, U16G.
400mH	U18M, U18W, JM, JW, SM, SW.

FIELD

Standing LJ	U8B, U8G,
Cricket Ball	U8B, U8G, U10B, U10B, U12B, U12G.
Long Jump	U10B, U10G, U12B, U12G, U14G, U14B, U16B, U16G, U18B, U18G, JM, JW, SM, SW.
Triple Jump	U16B, U16W, U18M, U18W, JW, JM, SW, SM.
High Jump	U14B, U14G, U16B, U16G, U18B, U18G, JM, JW, SM, SW.
Javelin	U14B, U14G, U16B, U16G, U18B, U18G, JM, JW, SM, SW.
Discus	U14B, U14G, U16B, U16G, U18B, U18G, JM, JW, SM, SW.
Hammer	U14B, U14G, U16B, U16G, U18B, U18G, JM, JW, SM, SW.

Shot Putt U14B, U14G, U16B, U16G, U18B, U18G, JM, JW, SM, SW.
Pole Vault U14B, U14G, U16B, U16G, U18B, U18G, JM, JW, SM, SW.



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Please complete entry form in CAPITAL LETTERS

SURNAME..... FIRST NAME.....

ADDRESS.....

.....

.....Post Code.....

TEL No..... email.....

Club..... Date of Birth.....

Age Group..... Male or Female.....

ENTRIES CLOSE : Tuesday 9th June 2026. NO LATE ENTRIES ACCEPTED

Saturday 13 th June 2026
Event

I declare that a) I am an amateur as defined by U.K. Athletic Rules. b) I am qualified to compete in the Manx Harriers Club Championships by virtue of birth or residence.

Counter signed by parent guardian if under 17 years of age

Signed Date.....



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U8's, U10's, U12's may only compete in 3 events per day. (one distance race) U14's, U16's, U18's may compete in 4 events per day. (one distance race) Jun, Sen. May compete in 5 events per day.

Starting Heights for:

	High Jump	Pole Vault		High Jump	Pole Vault
SM –	1.50M	2.00M	SW -	1.40M	1.80M
JM –	1.50M	2.00M	JW -	1.30M	1.70M
U18M -	1.35M	2.00M	U18W -	1.25M	1.70M
U16B -	1.25M	1.70M	U16G -	1.15M	1.70M
U14B -	1.05M	1.50M	U14G -	1.05M	

EVENT DECLARATION FROM 9.00AM IN THE MANX HARRIERS CLUB HOUSE. EVENTS START 10.00AM PROMPT.

Numbers must be collected from the Manx Harriers Clubhouse a minimum of 30 minutes before your first event.

ENTRY FEES: U8, U10, U12, U14, U16, U18, JUN £3.00 PER EVENT, SEN £5.00 PER EVENT, GUESTS £8.00 PER EVENT. Please make any cheques payable to Manx Harriers. Trf to Account 14356414, sort code 55-91-00.: All Entries to : Petra Atchison. Ballasaig Farm, School House Road, Maughold, Isle of Man. IM7 1BJ or Email grantandpetra@manx.net.

Any queries please contact myself on Facebook Petra J Atchison, or on Mobile No: 202394

PLEASE NOTE: This year all Championship Medals will be presented on the day. However, the Annual Shields will be presented at the Track & Field Awards night in October.

All entrants shall be deemed to have made himself/herself/themself, familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.

The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of entering the event, whether or not the participant is a citizen of, or resident in, the UK."