

## Döhle Isle of Man Track & Field Championships Timetable Saturday 11th July 2026

Event No.	Time	Age Group	Track Event	Event No.	Time	Age Group	Field Event	Pit
T1	09:50	U18B	110mH	F1	10:45	U14B	Long Jump	2
T2	10:00	U14G	75mH	F2	10:45	U16B	Long Jump	2
T3	10:15	U14B	80mH	F3	10:45	U14G	Shot Putt	
T4	10:30	U16B	100mH	F4	10:45	SenW	Shot Putt	
T5	10:45	SenW	3,000m	F5	10:45	U14G	Long Jump	1
T6	10:45	SenM	3,000m	F6	10:45	U16G	Long Jump	1
T7	10:45	U18M	3.000m	F7	11:45	U14G	Discus	
T8	11:00	U12G	75m	F8	11:45	U14B	Discus	
T9	11:05	U12B	75m	F9	11:45	U16G	Discus	
T10	11:15	U10G	50m	F10	11:45	U16B	Discus	
T11	11:20	U10B	50m	F11	11:45	SenW	Discus	
T12	11:30	U14G	100m	F12	11:45	SenM	Discus	
T13	11:35	U14B	100m	F13	11:45	U16G	Long Jump	1
T14	11:40	U16G	100m	F14	11:45	SenW	Long Jump	1
T15	11:45	U16B	100m	F15	11:45	U14G	High Jump	
T16	11:50	U18B	100m	F16	11:45	U14B	High Jump	
T17	12:00	U20W	100m	F17	11:45	U16B	High Jump	
T18	12:00	SenW	100m	F18	11:45	U20W	High Jump	
T19	12:15	U14G	100m	F19	11:45	U10G	Cricket Ball	
T20	12:15	U14B	1500m	F20	11:45	U12G	Cricket Ball	
T21	12:25	U16G	1500m	F21	11:45	U12B	Cricket Ball	
T22	12:25	U18B	1500m					
T23	12:25	U18G	1500m					
T24	12:25	SenM	1500m					
T25	12:35	U16G	300M					
T26	12:45	U12G	150M					
T27	12:55	U12B	150M					
<b>LUNCH</b>								
T28	13:50	U18B	400mH	F22	14:00	U10G	Long Jump	2
T29	14:00	U10G	400m Walk	F23	14:00	U12G	Long Jump	2
T30	14:00	U10B	400m Walk	F24	14:00	U16B	Hammer	
T31	14:00	U12G	400m Walk	F25	14:00	U18B	Hammer	
T32	14:15	U14B	2000m Walk	F26	14:00	SenW	Hammer	
T33	14:15	U16G	3000M Walk	F27	14:05	U10B	Cricket Ball	
T34	14:15	U16B	3000m Walk	F28	14:00	SenW	Triple Jump	1
T35	14:15	U18G	3000m Walk	F29	14:00	SenM	Triple Jump	1
T36	14:15	SenW	3000m Walk	F30	15:00	U14B	Javelin	
T37	14:15	SenM	3000m Walk	F31	15:00	U14G	Javelin	
T38	14:40	U14G	200mH	F32	15:00	U16B	Javelin	
T39	14:50	U16G	300m	F33	15:00	U16G	Javelin	
T40	15:00	SenW	400M	F34	15:00	U18B	Javelin	
T41	15:05	SenM	400M	F35	15:00	SenW	Javelin	
T42	15:10	U10G	400M	F36	15:00	SenM	Javelin	
T43	15:20	U10B	400M	F37	15:00	U10B	Long Jump	1
T44	15:30	U14G	200M	F38	15:00	U12B	Long Jump	1
T45	15:35	U16G	200M	F39	15:00	U14B	Shot Putt	
T46	15:35	U20W	200M	F40	15:00	U16B	Shot Putt	
T47	15:40	U14B	200M	F41	15:00	SenM	Shot Putt	
T48	15:40	U16B	200M					
T49	15:50	U10G	75M					
T50	16:05	U10B	75M					
T51	16:10	U14G	800M					
T52	16:10	U16G	800M					
T53	16:10	SenW	800M					
T54	16:15	U14B	800M					
T55	16:15	SenM	800M					
T56	16:20	U12B	600M					
T57	16:25	U12G	600M					